



PUT A SMILE ON YOUR MUM'S FACE THIS MOTHER'S DAY

LOOKING FOR SOME MOTHER'S DAY GIFT INSPIRATION?
MICHELE KING AT PORTSTEWART FAMILY DENTAL HAS SOME IDEAS.



updated with her dental examination and oral health screenings.

You can make your mother really happy by treating her to a professional teeth whitening treatment. In-house treatments are considered faster and more effective, therefore, book in your mother for a treatment and watch her smile with her white and bright smile. You can also present her an electric toothbrush to help her restore and maintain her gorgeous smile or try out some new lipstick shade to show her white teeth.

This Mother's Day, make sure you give your mum immense love, care, affection and respect. No-one cares more about you than your mum, and this year, Sunday, March 10 is the day to return her the favour. From all of us, gift a same day smile to your mum at Portstewart Family Dental and we want to wish her a Happy Mother's Day!

Michele x

*Make your mum
smile this
MOTHER'S
DAY*

The countdown to Mother's Day is already on. How are you planning to celebrate Mother's Day this year? Read on for some ideas on how to make your mum smile this Mother's Day.

Prepare a delicious meal for her – this Mother's Day make it all the more special by preparing a delicious meal for her and celebrate in a different way. Surprise your mum with breakfast in bed, delight her with an appealing lunch, or throw a candlelit dinner. Bake something of your choice and give her a special gift or flowers. Even if you can't cook well, she will appreciate the effort more than if you buy food from the store.

Delight her with a present made at home – a homemade gift is a great way to impress your mother on such a special day. Show her that you have put effort into it and she will

appreciate it more than a gift from a shop. It will have a lot more value and mean more to her.

You could create a photo album of family memories, memorable trips, childhood snapshots (hers and yours) and present it on Mother's Day. It can always be made extra special by recreating some favourite moments and including them in the photo album, at the end.

Paint a beautiful portrait of your mother as a present made with utmost love and care will always be appreciated.

Give her the gift of a gorgeous and confident smile – mums don't get enough time for themselves. You can always give her the gift of good health by making sure that she stays

