



GET A WINNING SMILE FOR YOUR WEDDING DAY

This month, Michele King from Portstewart Family Dental outlines all the ways they can help you achieve the wedding smile you deserve.



ORTHODONTICS OR BRACES (ONE YEAR FROM YOUR WEDDING)

We have several different options for braces, including clear aligners, removable appliances or fixed clear braces. The end result is the same - it's only the journey that is different. Braces can be used to straighten teeth and fix minor orthodontic issues (such as crowding, crookedness and spacing) discreetly and conveniently. Braces can get your wedding teeth ready in as little as six months, but it takes around 12 months on average.

Once you have set a date, book your free, no-obligation consultation with the team at Portstewart Family Dental to get your wedding smile makeover underway.

DENTAL IMPLANTS (ONE YEAR FROM YOUR WEDDING)

Are you missing teeth, have loose or worn dentures? Then dental implants may be a good option. These can be used to replace a single tooth or multiple teeth. They are like a replacement root that is placed into the bone. Once these have integrated with the bone they are very strong and are then used as an anchor for single teeth or bridgework over the top. This gives you the confidence that your teeth are firm and secure when making those important speeches!

VENEERS (THREE MONTHS FROM YOUR WEDDING)

These are essentially wafer-thin strips of

porcelain bonded to the surface of your teeth to improve their shape and colour. Perfect for fixing imperfections like gaps, chips and discolouration, veneers are designed to look and perform just like natural teeth and can last anywhere from 10 to 15 years.

Creating a strong, healthy bond takes work, which is just as true of veneers as it is for marriages! Typically, we will trim a thin layer of enamel from your teeth to create a surface for the veneer to adhere to. However, with the new age of ceramics it is now possible to do "no prep" veneers. Depending on the type of veneers you choose, your dazzling new wedding smile could be ready in just two visits to our award-winning clinic. Veneers can give you the ultimate wedding smile makeover if you want an instant but lasting impact.

TEETH WHITENING (SIX WEEKS FROM YOUR WEDDING)

If you're planning a white wedding in every sense, you may want to consider teeth whitening. However, if you want the best teeth whitening for a wedding, you will need professional teeth whitening from a dentist. This is because over-the-counter teeth whitening products can only contain minimal bleaching agents by law. But dentist whitening gels contain significantly more to provide a deeper, safer, longer-lasting effect.

Most whitening treatments require a couple weeks of at-home whitening using a custom-fit mouth guard. However, Philips Zoom Whitespeed

laser teeth whitening can whiten your teeth by up to seven shades with one 60-minute session followed up with top-ups from the comfort of your home. Our average result is nine shades whiter in one hour, with no patients having any post-op sensitivity.

If you decide to get braces with us you will receive complimentary home teeth whitening kits as an added bonus. Of all the options, the treatment that will give you the quickest teeth whitening for your wedding is Philips Zoom Whitespeed. It is ideal if you are pushed for time. Remember to whiten your teeth before getting veneers or composite bonding done to ensure you get a perfect colour match.

COMPOSITE BONDING (ONE MONTH FROM YOUR WEDDING)

If you have chipped, fractured, discoloured, or decayed teeth, you may want to set aside some bonding time in the run-up to your wedding. Composite bonding, that is! Composite bonding uses the same teeth-coloured resin you would find in white fillings, but in this case, it is used to brighten, reshape, elongate, or fill any gaps between your wedding teeth. This simple and straightforward treatment can completely transform your wedding smile.

Composite bonding can typically give you a high-impact wedding smile makeover in just one appointment. The composite resin is colour-matched to your teeth (make sure you have whitened beforehand!), hardened using a special UV light and then polished to match the lustre of your natural teeth. Plus, composite bonding doesn't involve anaesthesia, so you won't have to take any precious time out from your wedding planning.

HOW TO PAY FOR A WEDDING SMILE MAKEOVER?

Most good quality dental practices offer financing options for cosmetic procedures. Here at Portstewart Family Dental, we appreciate how quickly the costs can mount up when planning a wedding. But there is no need to scrimp on your smile with 0% finance options on all the wedding smile makeover treatments we have mentioned above. So you can afford to dazzle the love of your life, and all your nearest and dearest, with the wedding smile of your dreams.

WEDDING SMILE PORTSTEWART

If there is one thing you need for the perfect wedding smile, it is time. The last thing you want is to leave your wedding smile makeover to the last minute, particularly if you want to straighten your teeth with a longer treatment like orthodontics. Work back from your wedding day and figure out how much time you need to achieve your perfect wedding smile. Then be sure to schedule those wedding teeth appointments well in advance.

We have a wealth of experience providing breath-taking wedding smile makeovers at Portstewart Family Dental.

Whatever the level of intervention is required, Portstewart Family Dental will provide you with exactly what you need to make you smile.

Until the next time...

Michele x